

**NOW AVAILABLE TO
ALL COLLEGE STUDENTS!**

WHEN YOU'RE NOT SURE
WHICH WAY TO TURN...

TAKE THE ROAD TO WELLNESS



CAPITAL REGIONAL
BEHAVIORAL HEALTH CENTER
UNIVERSITY SERVICES

CapitalRegionalMedicalCenter.com

Capital Regional Behavioral Health Center University Services offers an Intensive Outpatient Program to college students at any local university.

The Intensive Outpatient Program

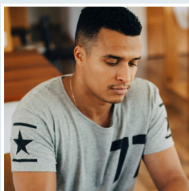
This program includes 12 hours of therapeutic group activities per week.

Services

- Cognitive Behavioral Therapy
- Co-Occurring Diagnosis Therapy
- Art Therapy
- Educational Group Therapy
- Medication Management

Treatment For

- Age 18+
- Psychiatric Disorders/ Co-Occurring Disorders
- Crisis Situations
- Depression and/or Anxiety
- Post-Traumatic Stress Disorder
- Grief/Loss Issues
- Relational Conflict
- Mood Swings
- Inability to Sleep
- Trouble Focusing or Completing Tasks
- Difficulties at Work/School



***Must be enrolled in a local university, college or be taking courses online.**

Office Location:

834 W. St. Augustine St.
Lower Suite #2
Tallahassee, FL 32304

Phone:

(850) 325-5755

Intensive Outpatient Program

Monday - Thursday | 4 - 7 p.m.


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